

**I Gotta Tri**  
**Adult Co-Ed Beginner**  
**Triathlon Training Program**  
June 23-August 25  
\$150

Check payable to: Kendra Cendana  
3300 Copper Ct, Rocklin, Ca 95677

Name \_\_\_\_\_

Address \_\_\_\_\_

Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Phone (home) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency contact: \_\_\_\_\_  
emergency # \_\_\_\_\_

**Refund Policy:** No refunds will be issued after June 13. Refunds will only be issued after that date if program is canceled. No other refunds, credits or transfers will be made.

**Release & Indemnity:** In consideration for being permitted by I Gotta Tri, the owners, trainers, coaches, contractors, providers, volunteers, facility to participate in the swim/bike/run training, I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I or my family may have, or which hereafter accrue to me, or my family, against all providers of this program as a result of my or my family's participation in the activity (ies). This release is intended to discharge all involved in this program, its owners, trainers, coaches, contractors, providers, volunteers, facility, and any other involved party from and against any and all liability arising out of or connected in any way with my or my family's participation in the activity, even though that liability may arise out of negligence or carelessness on the part of the persons or providers mentioned above. I further understand that accidents and injured can arise out of the activities; knowing the risk, nevertheless, I hereby agree to assume those risks and release and hold harmless all of the persons or providers mentioned above who (through negligence or carelessness) might otherwise be liable to me, or my family (or my or my family's heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my and my family's heirs and assigns. In addition, I agree to indemnify and hold harmless the program and its owners, trainers, coaches, contractors, providers, volunteers, facility from and against all claims, damages, losses, and expenses including attorney fees arising out of my or my family's participation in the activities of this program, caused in whole or in part by my or my family's negligent act, except where caused by the active negligence, sole negligence, or willful misconduct of the program.

**I HAVE CAREFULLY READ THE ABOVE RELEASE & INDEMNITY AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND AGREEMENT TO INDEMNIFY THE PROGRAM AND I SIGN IT OF MY OWN FREE WILL.**

Signature of participant (if under 18, parent or guardian) \_\_\_\_\_ Date \_\_\_\_\_

**Photograph Release:** I hereby grant I Gotta Tri and the organizers of this program the absolute and irrevocable right and permission to use, reuse, and publish all pictures of me or my family taken during the course of this program and its activities. I fully understand that I hold no control over the use of photograph (s) of which I or my family is a part. Further, I grant the program and those parties involved, the right to use my or my family's name. I hereby release the program from any and all claims or demands arising out of, or in conjunction with, the program, as well as the person (s) who took the photograph (s). **I have fully read the foregoing and completely understand the contents.**

Signature of participant (if under 18, parent or guardian) \_\_\_\_\_ Date \_\_\_\_\_